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THE ANTIBIOTIC RESISTANCE OF *KLEBSIELLA PNEUMONIA* AND *ESCHERICHIA COLI* ISOLATES AND THE SPREAD OF CARBAPENEMASES IN A MULTIDISCIPLINARY INPATIENT FACILITY

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Aim of the Research. A study of antimicrobial resistance of *Klebsiella pneumonia* and *Escherichia coli* isolates and the spread of carbapenemase genes in a multidisciplinary emergency inpatient facility in the Sakha Republic (Yakutia).

Materials and Methods. There was conducted a retrospective observational study of the results of microbiological tests of patients treated in the period 2021–2023 in a multidisciplinary emergency inpatient facility with surgical and therapeutic departments in the Sakha Republic (Yakutia). The spread and identification of carbapenemase genes was performed in *K. pneumonia* and *E. coli* isolates isolated in biological media from 254 patients.

Results and Discussion. The structure of the isolated microorganisms was dominated by pathogens of the *Enterobacteriales* genus: *K. pneumonia* was isolated in 29.9% (n=3,314) and *E. coli* – in 20.8% (n=2,306) of the samples. The proportion of meropenem-resistant *K. pneumonia* strains was 47.5% of the isolates, *E. coli* – 13%. As a result of the study, a total of eight carbapenemase genes were isolated. The most common genes for the *K. pneumonia* and *E. coli* isolates by detection frequency were *OXA48* (24.9%), *ctxM-1* (24.0%), *SHV* (21.8%), *TEM* (12.9%), and *NDM* (10.8%). As a rule, there were combinations of three to five gene types: three types were isolated in 86 (33.9%) strains, four types – in 56 (22.0%), and five types – in 54 (21.3%). The presence of one gene type was detected in 33 (13.0%) strains, two types – in 16 (6.3%), six types in 3 (1.2%), and seven types in 6 (2.4%).

Conclusion. Microbiological monitoring, control of local resistance to antibiotics in inpatient facilities and the study of resistance mechanisms can improve the effectiveness of antimicrobial therapy and also serve as an effective method of combating the spread of antibiotic-resistant strains of microorganisms.

Keywords: nosocomial infection, *Klebsiella pneumonia*, *Escherichia coli*, antimicrobial resistance, carbapenemases, carbapenemase genes.

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Introduction. The rapid spread of bacteria with multiple or total resistance to antimicrobial drugs worldwide is a global health problem. According to the World Health Organization (WHO), high rates of microbial resistance to antibiotics and a decrease in the effectiveness of antimicrobial drugs are observed worldwide. The past decade witnessed an extremely negative trend: an increased number of nosocomial strains resistant to carbapenems, which had been considered a reliable and backup class of antibiotics. [9]

Studies on antibiotic resistance indicate that the most common pathogens of nosocomial infections are representatives of enterobacteria, and an increased level of resistance to carbapenems is due to the production of carbapenemas-

es. [2,3,12,13] Thus, the Russian long-term multicenter epidemiological study "MARATHON", conducted since 2011, has revealed that enterobacteria make up 48.2% of all isolated nosocomial bacterial pathogens, with *K. pneumonia* (47.2%) and *E. coli* (30.0%) being the most frequent species. At the same time, there is a clear trend towards increasing resistance to carbapenems – Imipenem, Meropenem and Ertapenem: 6.9%, 6.5% and 23.6% of enterobacteria isolates are resistant to them, respectively. [3] The next stage of this study confirmed that clinical isolates of *K. pneumoniae* are becoming increasingly resistant to carbapenems due to the spread of carbapenemases, which are characterized by diversity and the simultaneous existence

of several genes for their production. The most common carbapenemases are of three main groups: *OXA-48*, *NDM* and *KPC*. [2]

Recent studies abroad also indicate the relevance of the problem with *K. pneumoniae* and *E. coli* and their resistance to antimicrobial drugs. The prospective multicenter cohort study CRACKLE-2, having covered 49 hospitals in the USA to study the molecular and clinical epidemiology of carbapenem-resistant enterobacteria, showed that they accounted for 59%, with *K. pneumoniae* being the most common carbapenemase-producing pathogen. [13] Another large-scale study, INVIFAR (INvestigación y Vligilancia de la FArmacoResistencia), aimed at analyzing carbapenemase genotypes of clinical isolates collected from 41 medical centers in Mexico, revealed high carbapenem resistance in *E. coli* in the group of patients aged 0–17 years, and in *K. pneumoniae* in the group of 18–59 years of age. The highest resistance to carbapenems was observed in clinical isolates from patients in intensive care units ($p < 0.035$). [12]

The strategy for combating antimicrobial resistance includes the monitoring of antibiotic resistance and collecting information on resistance mechanisms. Here, recording, analysis and systematization of information should be carried out at all levels: globally, within individual countries and regions, as well as in each individual medical organization. [4] Therefore, phenotypic detection of carbapenemase genes (*OXA*, *TEM*, *SHV*, *KPC*, *VIM*, *ctxM-1*, *NDM*, etc.) should be considered one of the conditions for monitoring and combating antibiotic resistance. From this perspective, the analysis of the spread of carbapenem-resistant isolates

of *K. pneumoniae* and *E. Coli*, as well as the genes responsible for producing carbapenemases in a multidisciplinary inpatient facility, is relevant, has scientific interest and practical significance.

The aim of the study was to examine the resistance of *K. pneumoniae* and *E. coli* isolates to antibiotics and the spread of carbapenemase genes in a multidisciplinary emergency inpatient facility in the Sakha Republic (Yakutia).

Materials and Methods. We conducted a retrospective observational study of the results of microbiological tests of patients treated in the period 2021–2023 in a multidisciplinary emergency inpatient facility with surgical and therapeutic departments in the Sakha Republic (Yakutia).

For the period 2021–2023, there was studied the etiological structure of the pathogens isolated in biological media of the patients (tracheobronchial aspirate (TBA), blood, urine, wound drainage, peritoneal and pleural exudate, bile), and the resistance of *K. pneumoniae* and *E. coli* isolates to screening antibiotics was determined. The microbiological studies in the patients were performed every 7–10 days. A repeated isolation of the pathogen during the study in a patient was considered as one agent.

The spread and detection of carbapenemase genes were performed in *K. pneumoniae* and *E. coli* isolates obtained in the bio-media of 254 patients from the surgical and therapeutic profiles (127 (50%) patients of each profile). The patients' age ranged from 18 to 97 years (median age 66 [50–75] years), including 141 (55.5%) men and 113 (44.5%) women. The length of staying in the intensive care unit was 8 [2–16] days; the total number of patient days in the hospital was 25.5

[17–40.7] days. The mortality rate of the patients was 30.3% (77 patients).

All the patients gave informed consent for the processing and use of personal data upon admission to the hospital.

Data processing and antibiotic resistance analysis were performed on the AMRcloud online platform (version: Beta, 30.01.2023). [10]

Species identification and determination of susceptibility to antibacterial drugs were performed on an automatic analyzer VITEK-2 Compact (bioMerieux, France), as well as by the disk diffusion method on Mueller-Hinton agar using antimicrobial disks (BioRad, USA).

Determination of susceptibility to antibiotics was carried out in accordance with the guidelines of the European Committee on Antimicrobial Susceptibility Testing (EUCAST) and the guidelines of the Interregional Association for Clinical Microbiology and Antimicrobial Chemotherapy (IACMAC) for determining the susceptibility of microorganisms to antimicrobial drugs. [5]

The genes of acquired carbapenemases of the main groups were identified using NG-Test CARBA5 (NG Biotech Z.A., France) and the molecular genetic method (real-time PCR) using the BakRezista GLA kits (DNA-Technology).

The collection, storage and systematization of the database, construction of diagrams were carried out in Microsoft Office Excel 2016 spreadsheets. The statistical processing of quantitative data (age, duration of treatment) was performed using the Jamovi-2.6.44 statistical software and included an assessment of the normality of the sample distribution using the asymmetry and kurtosis testing method, which revealed an abnormal distribution; due to that, the median (Me),

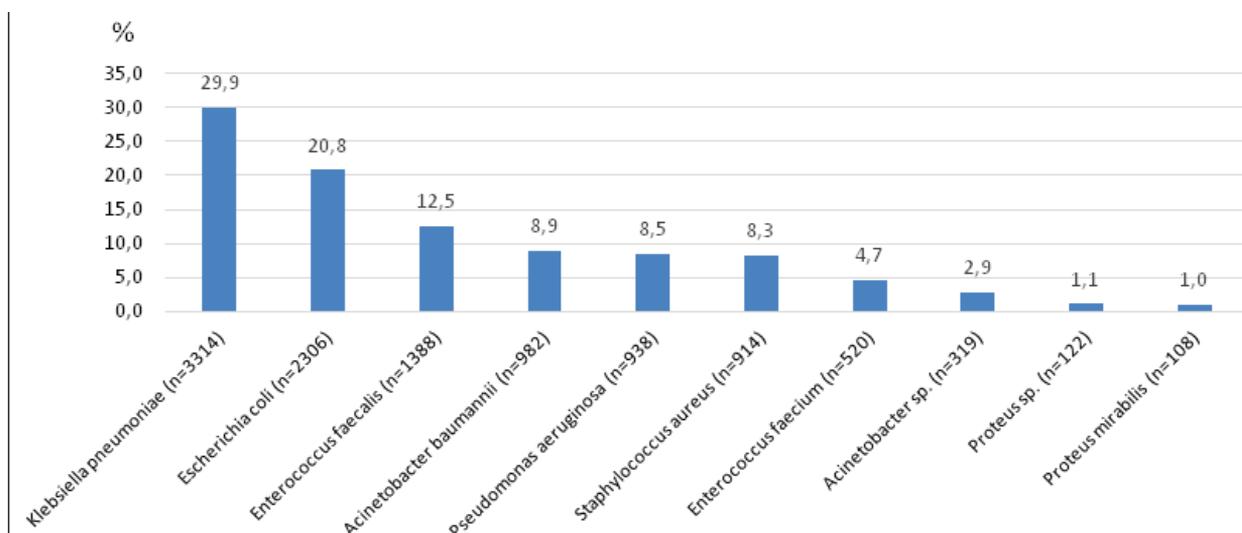


Fig. 1. The structure of the isolated pathogens in the inpatient facility in 2021–2023

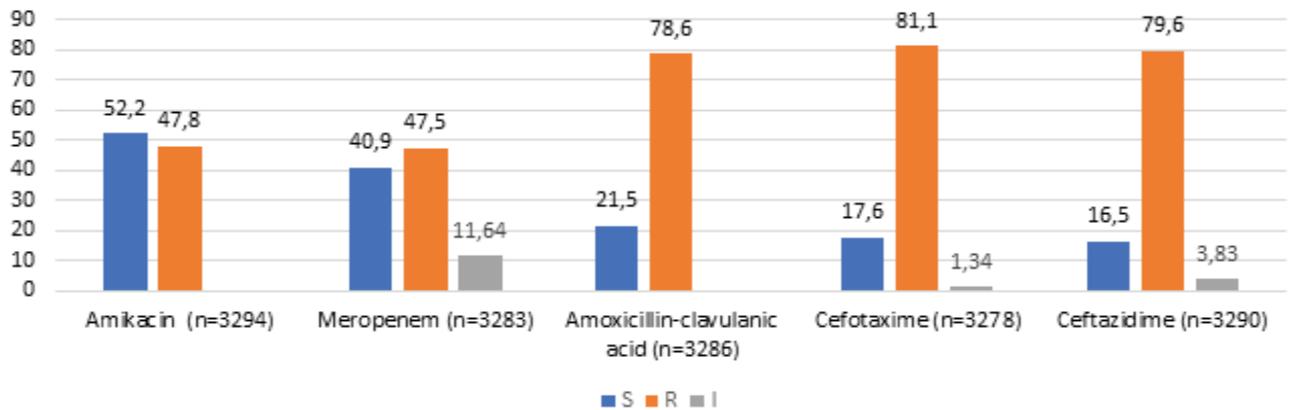


Fig. 2. *Klebsiella pneumoniae* resistance to antibacterial drugs

lower and upper quartiles [Q1–Q3] were determined.

Results and Discussion. At the initial stage of our study, we carried out an analysis of the general structure of microorganisms isolated in the inpatient facility in the period 2021–2023, showing the dominance the genus *Enterobacteriales* pathogens: *K. pneumoniae* and *E. coli*, which were detected in 29.9% (n=3,314) and 20.8% (n=2,306) of the samples, respectively. The proportion of other clinically significant pathogens was as follows: *Enterococcus faecalis* – 12.5% (n=1,388), *Acinetobacter baumannii* – 8.9% (n=982), *Pseudomonas aeruginosa* – 8.5% (n=938), *Staphylococcus aureus* – 8.3% (n=914). Other representatives of the microbial flora were isolated in less than 5% of the tests (Figure 1).

The study of the susceptibility of *K. pneumoniae* to antibacterial drugs indicated its susceptibility to aminoglycosides (Amikacin) in 52.2% and to carbapenems (Meropenem) in 40.9% of the isolates. At the same time, they demonstrated low susceptibility to penicillinase-resistant penicillins (Amoxiclav) and third-gener-

ation cephalosporins (Cefotaxime, Ceftazidime) (Figure 2).

The susceptibility of *E. coli* to the used antibacterial drugs was significantly higher and was at the level of 92% to Nitrofurantoin, 81.7% to Meropenem, 71.4% to Amikacin, and 65.5% to Amoxiclav. The exception was low susceptibility to Ceftazidime: 35.4% of the isolated strains were sensitive and 10.8% were moderately sensitive (Figure 3).

The next stage of the study was to investigate the prevalence of carbapenemase production genes. For this purpose, microbiological studies of bio-media were conducted in 254 patients of surgical and therapeutic profiles. Among the patients of the surgical profile, the majority were patients of surgical departments No. 1 (17.7%), No. 2 (11.4%) and the proctology department (6.3%). The patients of the therapeutic profile were mainly represented by patients from the neurological department for patients with acute cerebrovascular accident (ACVA) – 66 patients (25.9%) and the emergency department – 38 (15.0%). The anesthesiology, resuscitation and intensive care

department (ICU) treated 98 (77.2%) surgical patients and 66 (51.9%) therapeutic patients.

In the studied patients, *K. pneumoniae* was isolated in 238 (84.7%) and *E. coli* – in 43 (15.3%) tests. Figure 4 demonstrates the distribution of carbapenemase genes in these isolates.

As a result of the study, a total of eight carbapenemase genes were isolated. The most common genes by detection frequency for *K. pneumoniae* and *E. coli* isolates were *OXA48* (24.9%), *ctxM-1* (24.0%), *SHV* (21.8%), *TEM* (12.9%) and *NDM* (10.8%). In most cases, there were combinations of three to five gene types: three types were isolated in 86 (33.9%) strains, four types – in 56 (22.0%) and five types – in 54 (21.3%). The presence of one gene type was found in 33 (13.0%) strains, two types – in 16 (6.3%), six types – in 3 (1.2%) and seven types – in 6 (2.4%).

Thus, as our study showed, the structure of isolated microorganisms in a multidisciplinary inpatient facility in the period 2021–2023 was dominated by *K. pneumoniae* and *E. coli*. The share of meropen-

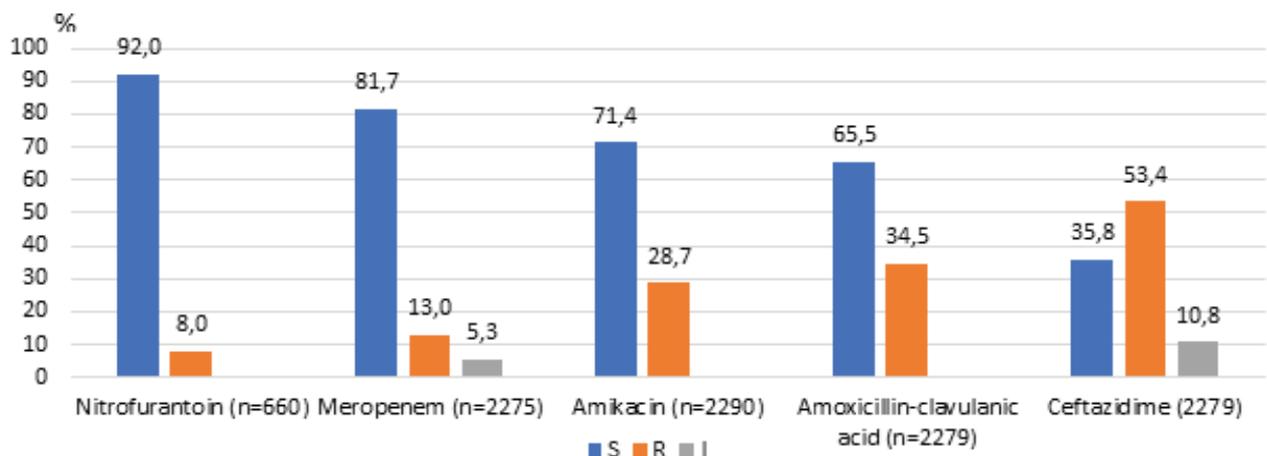


Fig. 3. *Escherichia coli* resistance to antibacterial drugs

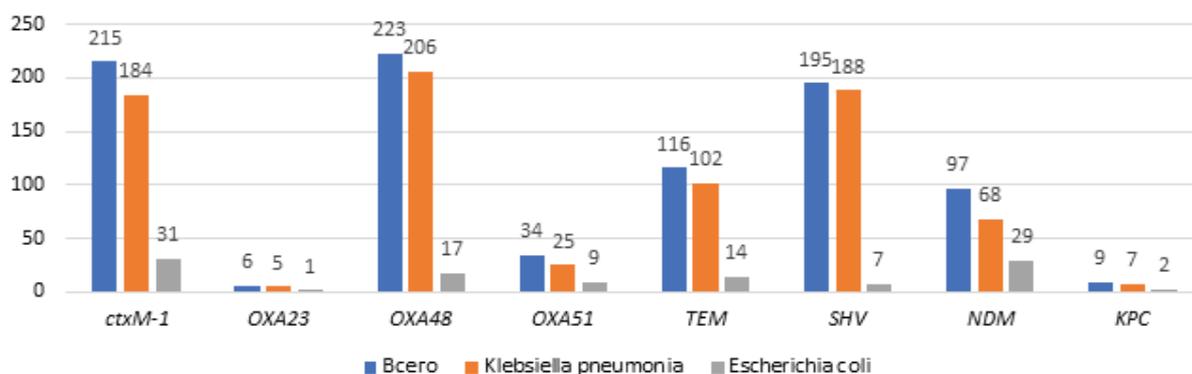


Fig. 4. *Klebsiella pneumonia* and *Escherichia coli* carbapenemase genes

em-resistant *K. pneumonia* strains was 47.5% of the isolates, *E. coli* – 13%. The presented results confirm our previously obtained data on the increased share of meropenem-resistant *K. pneumonia* strains in this inpatient facility, which grew over the period 2016–2022 from 26.7% (95% CI: 16.47–25.61) to 44.1% (95% CI: 40.56–47.8); *E. coli* strains – from 9.5% (95% CI: 6.87–13.21) to 18% (95% CI: 14.98–21.54). [9]

The predominance of *K. pneumonia* and *E. coli* with multiple resistance to antimicrobial drugs in the microbial spectrum is typical of many inpatient facilities and intensive care units in Russia and worldwide [1,2,3,8,12,13,14]. For instance, according to Belotserkovsky et al., the leading pathogens of infection in surgical intensive care units were *K. pneumoniae* (18.5%), whose resistance to meropenem was 83.0%. [1] Jeong et al. (2022) indicate that *K. pneumoniae* account for 81.8% in the group of carbapenem-resistant enterobacteria. [11]

Our results on carbapenemase genes do not contradict, in general, the data of other studies, as well. As in other studies, gene diversity is common; isolates often contain various combinations of them, the number of which can reach seven. In our study, *OXA48* (24.9%), *ctxM-1* (24.0%), *SHV* (21.8%), *TEM* (12.9%) and *NDM* (10.8%) were most frequently observed in *K. pneumoniae* and *E. coli* strains. A similar high resistance of *K. pneumoniae* to carbapenems mainly due to the spread of *OXA-48* and *NDM* carbapenemases is presented in the studies by the Kommunarka Moscow Multidisciplinary Clinical Center [6] and in the Russian multicenter study "MARATHON". [3] However, it should be noted that in the above-mentioned works, among the genes encoding carbapenemase, the *KPC* gene was often observed, which was not detected in our study. In the INVIFAR study, the carriage of the *KPC* gene was also observed quite often – in 40% of *K. pneumoniae*

strains, and the resistance of *E. coli* to Meronem was represented by the *NDM* gene in 59.2%. [12]

The similarity of carbapenemase phenotypes indicates the resistance of microorganisms to the same carbapenems; conversely, their differences indicate local features of resistance, which should be taken into account when choosing an antibiotic.

Conclusion. The results of this study indicate the relevance of the problem of resistance to carbapenems in the conditions of a multidisciplinary emergency inpatient facility in the Sakha Republic (Yakutia). A crucial and clinically significant factor is the high level of carbapenemase producers in *K. pneumoniae* strains, which should be taken into account when choosing antimicrobial therapy.

The need for further study of the mechanisms of resistance to antimicrobial drugs is beyond doubt. Microbiological monitoring, control of local resistance to antibiotics in an inpatient facility and the study of resistance mechanisms can increase the effectiveness of antimicrobial therapy, and also serve as an effective method of combating the spread of resistant strains of microorganisms.

The authors declare no conflict of interest in the submitted article.

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ATYPICAL CASES OF HEARING LOSS IN PATIENTS WITH A MITOCHONDRIAL VARIANT m.1555A>G OF THE *MT-RNR1* GENE IN THE REPUBLIC OF BURYATIA

In a previous study, we found a high prevalence of the m.1555A>G variant of the *MT-RNR1* gene, which causes mitochondrial hearing loss (OMIM 561000) among deaf patients living in the Baikal Lake region. In this regard, in the present study, a genotype-phenotypic analysis of the hearing function in individuals with the m.1555A>G variant was carried out in the discovered Siberian region. Clinical and audiological analysis was performed in 48 people with this mitochondrial variant, whose average age was 51.3±15.5 years. The obtained genotype-phenotypic data are consistent with previously conducted studies of the features of the auditory function in individuals with m.1555A>G, which note incomplete penetrance of the manifestation of the pathological phenotype. Of particular interest in our cohort are three cases of mixed hearing loss, including both sensorineural (inner ear defect) and conductive (middle ear defect) components. The detected conductive component, which is atypical for this mitochondrial form of the disease, may be associated with idiopathic non-infectious foci of the pathological process in the middle ear. We do not exclude the possibility that the detected clinical signs may be a consequence of systemic damage to the hearing organ in this mitochondrial variant. On the other hand, the detected cases may be related to a cross-pathological effect caused by another form of a less common or rare disease. The obtained results require further genotype-phenotypic studies.

Keywords: mitochondrial hearing loss, m.1555A>G variant, *MT-RNR1* gene, genotype-phenotypic analysis, Buryatia

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Introduction. Mitochondria are intracellular organelles responsible for the production of adenosine triphosphate (ATP) through a process called oxidative phosphorylation [20]. In this process, energy is released by breaking down glucose and fatty acids via the mitochondrial respiratory chain [31]. Mutations in mitochondrial DNA have been described primarily in various rare syndromes, but are also found in more common diseases such as sensorineural hearing loss. One such mitochondrial

mutation leading to isolated hearing loss is m.1555A>G in the *MT-RNR1* gene (OMIM 561000). There are several hypotheses regarding the pathogenetic mechanism of m.1555A>G in the *MT-RNR1* gene. In general, researchers believe that the m.1555A>G variant of the *MT-RNR1* gene is one of the “mild” ones compared to other pathogenic variants in mitochondrial DNA, since it does not lead to systemic disorders and does not always lead to hearing loss, and the manifestation of the pathogenic effect of